

AMERICAN GAS ASSOCIATION

TO: Distribution

Date: February 2, 2026

FROM: Paul Pierson

SUBJECT: Weekly Heating Degree Day Data

HEATING DEGREE DAY SUMMARY

For the week ending January 31, the weather in the United States was 43.3 percent colder than last year and was 31.7 percent colder than normal. All regions experienced colder temperatures than last year except the Mountain and Pacific regions. All regions experienced colder temperatures than normal except the Mountain and Pacific regions. For the month of December, the weather in the United States was 7.8 percent colder than last year and was 3.6 percent warmer than Normal.

WEEKLY COMPARISON

Week Ending	2025/ 2026	2024/ 2025	Normal	% Change: 25/26 from 24/25		% Change: 25/26 from Normal	
10/04/25	13	13	41	-	nc	68.3	Warmer
10/11/25	35	32	54	9.4	Colder	35.2	Warmer
10/18/25	50	65	67	23.1	Warmer	25.4	Warmer
10/25/25	76	48	83	58.3	Colder	8.4	Warmer
11/01/25	95	65	98	46.2	Colder	3.1	Warmer
11/08/25	95	78	113	21.8	Colder	15.9	Warmer
11/15/25	121	103	129	17.5	Colder	6.2	Warmer
11/22/25	129	117	146	10.3	Colder	11.6	Warmer
11/29/25	149	148	162	0.7	Colder	8.0	Warmer
12/06/25	218	205	176	6.3	Colder	23.9	Colder
12/13/25	200	177	191	13.0	Colder	4.7	Colder
12/20/25	198	172	203	15.1	Colder	2.5	Warmer
12/27/25	151	198	213	23.7	Warmer	29.1	Warmer
01/03/26	207	158	221	31.0	Colder	6.3	Warmer
01/10/26	161	247	225	34.8	Warmer	28.4	Warmer
01/17/26	190	232	226	18.1	Warmer	15.9	Warmer
01/24/26	255	282	224	9.6	Warmer	13.8	Colder
01/31/26	291	203	221	43.3	Colder	31.7	Colder
Cumulative	2634	2543	2793	3.6	Colder	5.7	Warmer

MONTHLY COMPARISON

Month Ending	2025/ 2026	2024/ 2025	Normal	% Change: 25/26 from 24/25		% Change: 25/26 from Normal	
September	41	41	87	-	nc	52.9	Warmer
October	251	218	310	15.1	Colder	19.0	Warmer
November	537	504	589	6.5	Colder	8.8	Warmer
December	852	790	884	7.8	Colder	3.6	Warmer

HEATING DEGREE DAYS BY CENSUS REGION FOR THE WEEK ENDING January 31, 2026

Region	2025/	2024/	Normal	% Change: 25/26	% Change: 25/26
	2026	2025		from 24/25	from Normal
New England	373	271	274	7.0	Colder
Middle Atlantic	367	246	262	49.2	Colder
E N Central	401	249	293	61.0	Colder
W N Central	397	239	307	66.1	Colder
South Atlantic	270	161	179	67.7	Colder
E S Central	280	157	183	78.3	Colder
W S Central	226	105	132	115.2	Colder
Mountain	222	239	224	7.1	Warmer
Pacific	86	148	114	41.9	Warmer
United States	291	203	221	43.3	Colder
					31.7
					Colder

CUMULATIVE HEATING DEGREE DAYS BY CENSUS REGION

Region	2025/	2024/	Normal	% Change: 25/26	% Change: 25/26
	2026	2025		from 24/25	from Normal
New England	3532	3253	3430	8.6	Colder
Middle Atlantic	3331	2995	3234	11.2	Colder
E N Central	3634	3292	3647	10.4	Colder
W N Central	3581	3478	3927	3.0	Colder
South Atlantic	2194	2099	2174	4.5	Colder
E S Central	2136	2048	2233	4.3	Colder
W S Central	1283	1310	1544	2.1	Warmer
Mountain	2542	2935	3195	13.4	Warmer
Pacific	1213	1450	1597	16.3	Warmer
United States	2634	2543	2793	3.6	Colder
					5.7
					Warmer

The regional degree day statistics stated in this memo are weighted by gas home heating customers instead of by population.

A heating degree day is a measure of the coldness of the weather experienced, based on the extent to which the daily mean temperature falls below 65 degrees Fahrenheit. A daily mean temperature represents the sum of the high and low reading, divided by two.

Source: U.S. Department of Commerce, National Oceanic and Atmospheric Administration